### MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK

## Inspection Committee Report for Academic Year 2024

Webinar/Workshop/CME/Activities/Performed in last one year.

# All report must be available on web site

Name of the college/Institute: TPCT's Terna Nursing College.

Faculty: Nursing

No. of Webinars Arranged, Guest Lecturer & CME/ Workshops (Publish details on college website)

The year 2024 was indeed a year of Enthusiasm, Celebrations and Activities.

These activities included both curricular and cocurricular aspects, with lots of potentials and talents displayed at its best by the students.

The following activities was carried out by the TPCT's Terna Nursing College.

SR.	Details of webinar / Workshop/ CME/Activities perform	
NO		
1	National Youth Day –	
	The 4th year students celebrated the National Youth Day on 12th January 2024 based upon	
e.	the theme "Vikasit Yuva, Vikasit Bharat". The fund-raising activity and quiz competition	
	was organized for the students.	
2	Republic Day-	
	The republic day was celebrated on 26th January 2024 by flag hosting by respected	
	principal madam Dr. Pratibha Athare followed by cultural program and distribution of	
	sweets to teaching, non-teaching faculty and students.	
3	World Cancer Day-	
	The world cancer day was celebrated on 4th February 2024, the theme was "Close the care	
	gap" based upon the theme Poster and Pamphlet presentation was done	
	to create the awareness about the prevention and management of cancer	ANN
.	World Obesity Day-	
*	On 3rd April 2024 world obesity day was organized by 2rd Year B.Sc Nu	
	through the health education students created awareness about complications of obesity to	
	the common people in the community.	
	International Nurses Day-	
	International Women's Day celebration was organized on 22nd April 2024 and theme was	
	"Invest in women: Accelerate Progress". The Chief guest of event was Medical officer of	

Primary Health Centre, Gavhan - Dr. Asmita Bombatkar. The M.Sc Nursing I & II Year students organized a Role Play on Breast Cancer and its prevention along with this they provided information about Menstrual Cup and Prevention of cervical cancer to ASHA workers.

#### 6 World Tuberculosis Day-

World tuberculosis day observed annually on 24<sup>th</sup> march 2024, a pivotal moment for raising awareness about tuberculosis (TB). The 2<sup>nd</sup> year M.Sc students gave health education along with the new scheme provided by the government to the patient at OPD, PHC, Nerul, Navi Mumbai

## 7 World Health Day-

The world health day is observed every year on 7<sup>th</sup> April, the 2024's theme focused on "My Health, My Right". Faculty members organized potluck lunch and 1<sup>st</sup> year students kept 2 stalls of nutritious diet.

### 8 World Immunization week-

The world Immunization week was observed on 24<sup>th</sup> April – 30<sup>th</sup> April 2024. The theme was "Humanly Possible: Saving lives through immunization". The students participated in the Immunization Program at PHC, Nerul and also gave the health education with the help of innovative A.V aids.

## 9 National Nurses Week-

National Nurses week celebration 2024 was done based upon the theme chosen by the International Council of Nurses for the year 2024 is "Our Nurses. Our Future, The Economic Power Of Care." The various activities was carried out by the B.Sc Nursing students throughout the week, The week was started with the Inauguration followed by various activities like Impromptu speech, Essay Writing, Quiz competition and winners of the competitions were awarded.

# 10 World Hypertension Day-

On 17<sup>th</sup> May 2024 the tuberculosis day was organized at UPHC, Nerul with an informative session by the 4<sup>th</sup> year students on the theme "Measure your blood pressure accurately, control it, live longer".

# 11 | World Environment Day-

The World Environment Day on 5th June 2024 was celebrated in a meaningful way by the

SNA & NSS Unit of college by adopting the theme for 2024 "Land Restoration,

Desertification & Drought Resilience." underscores the importance of restoring degraded land and building resilience to droughts and desertification.

Hence, to encourage awareness and action to protect our environment, an innovative concept was adopted by the principal madam Dr. Pratibha Athare with SNA & NSS team to bring the awareness among all the students by placing a stand of plants with saplings in college corridor.

## 12 | MUHS Foundation Day-

The programme on "MUHS Foundation Day 2024" was organized and observed at Terna Nursing College on 10th June 2024 at 11.00am by flag hoisting and saluting the MUHS flag which was followed by University Anthem.

### 13 | World Blood Donation Day -

The department of NSS organized Blood Donation camp on 14<sup>th</sup> June 2024. Along with the help of a team of 3 doctors and 10 Staff Nurses from Terna Hospital. Total 94 donors donated the blood. The donors were appreciated with the certificate and gift and also refreshment was provided to the donors.

#### 14 International Yoga Day -

The college arranged a yoga trainer, sound healing certified trainer also completed teacher training in yoga at USA Aliena institute, Ms. Somdatta Roy for the students. The yoga trainer started the session with warm up, basic asanas, breathing exercises and sound healing chakara meditation.

## 15 World Breastfeeding week-

World Breastfeeding Week held from 1<sup>st</sup> to 7<sup>th</sup> August 2024 with the theme of 'Closing the gap: Breastfeeding support for all'. The week was begun with the Inauguration followed by Role play at NMMC hospital, Online webinar, Poter making competition, Quiz competition, sketch making competition and the winners of the competition were awarded.

## 16 Anti-ragging Day-

The day commemorates the Anti-Ragging Act of 1997, which was passed by the Indian government to end the practice of ragging. An Anti-Ragging Awareness Program was organized on dated 12/082024 to I year students, in the premises of TPCT's Terna Nursing College by the Anti-Ragging Committee coordinator Mr. Suraj Mase.

Principal
Terna Nursing College
Nergi, Ravi Membai

## 17 Independence Day-

Every year the 15th August is observed as Independence Day all over the country. This year also day was celebrated by flag hosting by respected principal madam Dr. Pratibha Athare followed by cultural program and distribution of sweets to teaching, non-teaching faculty and students.

# 18 | World Mental Health Day-

The 5th-semester nursing students organized the World Mental Health Day on 10<sup>th</sup> October 2024 at Kukshet Gaon through the awareness campaign. The campaign effectively disseminated information about mental health and stress management, empowering the community to prioritize their mental well-being. This initiative demonstrates the students' commitment to community health and their understanding of the crucial role of mental health in overall well-being.

#### 19 World Polio Day-

World polio day highlights global efforts to eliminate polio and the importance of vaccination in protecting children from the disease. The World polio day was celebrated on 24<sup>th</sup> October 2024 through the health education to create the public awareness at NMMC hospital, Vashi.

#### 20 Festival Celebration

The Terna Nursing college teaching, non-teaching faculties and students celebrates the all festivals of the year with great enthusiasm like Dusshera, Dandiya, Diwali, Ganesh Chaturthi, Christmas and many more.

#### 21 Session on Emotional Intelligence

The session on topic Emotional Intelligence by Mr. Raghvan Koli, Author of Novel Series "The Conqueror of Destiny" on 17<sup>th</sup> Dec 2024 was taken. Session was attended by 200 students.

#### 22 HEALTH SERVICES -

 Every year the college is doing health check-up for all B. Sc Nursing and M. Sc Nursing students regularly in between 6 months interval. Health check-up of the students includes CBC, Urine analysis, Chest X-ray and consultation of the physician.

> Terna Nursing College North, Novi Mumbai

- The students from 4<sup>th</sup> year Basic B.Sc Nursing participated in the Pulse Polio camp from 26/03/2024 – 14/04/2024. The students created the awareness about Polio vaccinations and its benefits through the health education.
- The students from 5<sup>th</sup> semester B.Sc Nursing participated in the Pulse Polio camp from 08/12/2024 – 14/12/2024. The students created the awareness about Polio vaccinations and its benefits through the health education.

## 23 STAFF DEVELOPMENT PROGRAM -

ERP Training-

The ERP training was organized for all the teaching and non-teaching faculty on 20th February 2024. The training was taken by IT Manager Mr. Atul Londhe.

Financial management –

On 27<sup>th</sup> February 2024 staff development program was planned on financial management. The Financial Advisor Mr. Amit Pawar was the speaker for the day.

- Empowering educators on artificial intelligence in health care and Nursing education faculty development program was attended on 23/02/2024 to 01/03/2024 by 2 faculties at Seva Mandal education society, Matunga, Mumbai.
- The faculty development program was attended on 12/3/2024 to 13/3/2024 by 2 faculties on Disaster Management at BMC, Parel.
- Leadership and managerial skills in Nursing practice on 26<sup>th</sup> April 2024 faculty development program was attended by 2 faculties along with M.Sc Nursing students at Smt. Vimala Devi College of Nursing, Thane
- Every year the Staff development program is planned for the faculty as well as for the students on Basic Neonatal Resuscitation Programme.
- Every year college is organizing MUHS Workshop on Basic Research Methodology for the faculties and M.Sc Nursing students.

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